In 2012 the Weight of the Nation (WON) conference convened in Washington, D.C., bringing together attendees from various government agencies, schools, non-profits, health care industries, and research institutions. The WON conference gave leaders in the field an opportunity to discuss innovative obesity prevention strategies and disseminate this information across various platforms: print, television, social media, and audio and video recordings. More so than in the past, this conference focused on the policies, systems, and environments that affect people's ability to establish and maintain a healthy lifestyle. As such, the conference identified eight tracks that each play a role in national obesity prevention efforts: the Built Environment and Transportation; Early Care and Education; Food and Water Systems; Laws and Legal Authorities; Medical Care; Schools; States and Communities; and, Workplaces.

In this special supplement of the Journal of Law, Medicine & Ethics, the authors present evidence-based findings and recommendations that focus on how settings and sectors can prevent and reduce obesity, increase physical activity, improve dietary quality, and maintain a healthy weight. They discuss numerous approaches that can lead to healthier environments; analyze implementation of local, state, and national-level initiatives; and identify opportunities for broader implementation of these strategies. Improving the nation's health will certainly take active collaboration, continued effort, and increased awareness. This supplement is just one outlet to discuss the action steps outlined in these articles. We hope that it will help practitioners, policymakers, and readers like you to advance health-supportive efforts.

Courtney McClellan
Assistant Editor
JLME